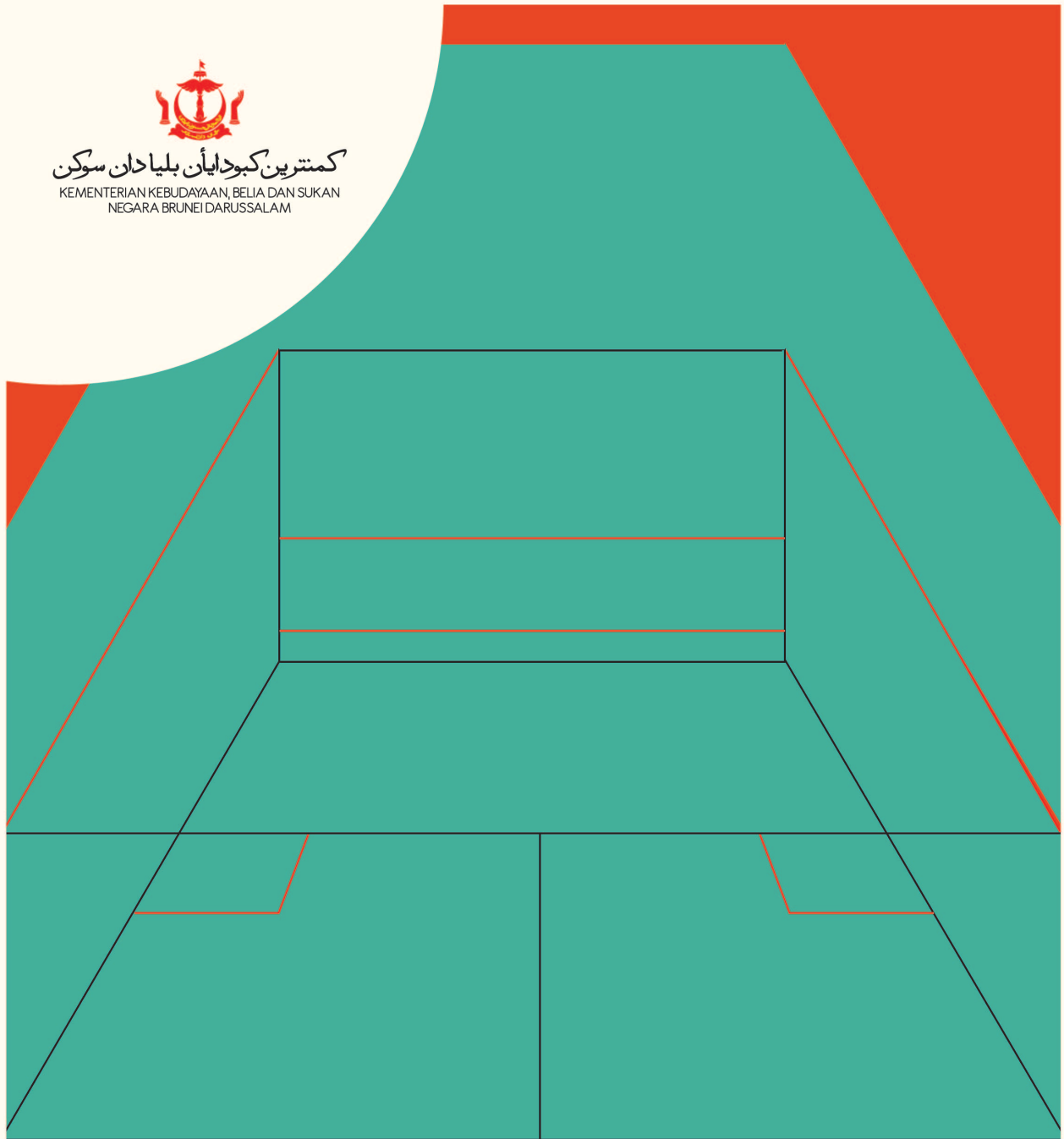




كمتريڤ كبروايان بليادان سوكن
KEMENTERIAN KEBUDAYAAN, BELIA DAN SUKAN
NEGARA BRUNEI DARUSSALAM



Guidelines For Operational Readiness Level 1

Indoor Sports Facilities

Ministry Of Culture, Youth And Sports

16 May 2020

GUIDELINES FOR OPERATIONAL READINESS LEVEL 1: INDOOR SPORTS FACILITIES

Operational Readiness Level 1 Indoor Sport Facilities measures outlined in this document will be implemented from **Saturday, 16 May 2020** until further notice. These measures will apply to all Indoor Sport Facilities in Brunei Darussalam.

The following are the major guidelines for Operational Readiness Level 1 Indoor Sport Facilities. Further details are outlined in Annex A.

- Allowed to operate.
- Capacity limited to 30% of usual capacity at one time.
- Only open to solo sport activity.
- Time limited to 1 hour per person per day.
- Contact activity of sharing equipment is prohibited.
- Observe personal hygiene.
- Physical distancing of 2 meters must be observed at all times.
- Symptomatic and high risk individuals are not allowed to enter.
- Ensure social distancing guidelines, including specific guidelines issued by relevant authority.

Every Indoor Sport Facilities is required to adopt procedures to ensure compliance with government restrictions. For Operational Readiness Level 1, the following measures will need to be implemented.

1. INDOOR SPORT FACILITY RESPONSIBILITIES ARE DIVIDED INTO THREE ASPECTS: GENERAL GUIDELINES, BOOKING AND INDOOR SPORT FACILITY RULES.

a. General Guidelines.

- (1) Indoor Sport Facilities are only allowed to operate at 30% capacity at one time.
- (2) Cafeteria, Restaurant or Canteen are allowed to operate at 30% capacity at one time
- (3) Registration and proper records must be done at the entrance for the purpose of contact tracing if required. (Each Sport Facility should register at the healthinfo app website at www.healthinfo.gov.bn/register to generate a QR code for clients to register)
- (4) Time is limited to 1 hour per person per day.
- (5) Only open to solo sport activity.
- (6) Contact activity or sharing of equipment is prohibited.
- (7) Clean and sanitize the Indoor Sport Facility, where relevant, before and after use.
- (8) Clients must bring their own towels and water bottles.
- (9) To conduct temperature checks and hand sanitizer must be provided at the entrance.
- (10) Symptomatic and high risk individuals are not allowed to enter.
- (11) Personal hygiene must be observed at all times.
- (12) Physical distancing of 2 metres must always be maintained at all times.
- (13) Any physical contact must be avoided.
- (14) The Indoor Sport Facilities' locker room facilities will remain closed.
- (15) Signage and Posters on precautionary measures on COVID 19 should be displayed.

(16) For more information on COVID-19, members of the public can contact Health Advice Line 148.

b. Booking.

- (1) The Indoor Sport Facility is to organize a system of booking and allocation of time that ensure the safety of staff and clients.
- (2) The maximum number of clients per hour are to be confirmed by the Indoor Sport Facility and must be in accordance with the regulations whereby it is limited to operate at 30% capacity at any one time.
- (3) There should be a minimum of 1-hour interval before the next group of clients, but longer intervals may be required depending on the Indoor Sport Facility.

c. Indoor Sport Facility Rules.

- (1) The maximum number of clients per hour are to be confirmed by the Indoor Sport Facility Cafeteria, Restaurant or Canteen must be in accordance with the regulations whereby it is limited to operate at 30% capacity at any one time.
- (2) No gathering will be permitted before or after the activity, in or around the Indoor Sport Facility.
- (3) The use of toilets is allowed and should be sanitized frequently.
- (4) The Indoor Sport Facility is to communicate with clients in advance to advise on social distancing requirements that are being applied on arrival at the Indoor Sport Facility and after finishing their sport activity.
- (5) The Indoor Sport Facility is to have procedures in place to ensure social distancing requirements in the area of the sport activity.
- (6) The Indoor Sport Facility is to have procedures in place to ensure that the Indoor Sport Facility is safe to use and that sanitizing practices can be guaranteed.
- (7) All Indoor Sport Facility staff must wear facemasks and gloves.
- (8) The Indoor Sport Facility must be disinfected before, after and between intervals of the next booking.
- (9) Client are encouraged to bring their own disinfectant for their protection.
- (10) The Indoor Sport Facility should have good ventilation.

2. CLIENT RESPONSIBILITIES.

a. Registration

- (1) Client must scan the QR code of Indoor Sport Facility upon arrival and leaving, for the purpose of contact tracing if require.

b. Sporting Activity.

- (1) Clients are to ensure that they keep at least 2 metres apart during the sport activity.
- (2) Wear gloves to minimise contact with surfaces, where applicable.
- (3) Wear the right gear and consider wearing workout clothing that can cover and protect your skin.
- (4) Use your own equipment.
- (5) Bring your own disinfectant for your protection.
- (6) When using an exercise mat, use a towel and lay it on your mat.
- (7) Avoid touching your face, eyes, nose, and mouth with unwashed hands.
- (8) Social distancing is important and clients are to leave the Indoor Sports Facility immediately so that there are no gatherings around the Indoor Sports Facility until further notice.